

To feel unmoved is a wonderful thing,
Still, quiet, but not emotionless by any means,
My thoughts may be harmonious, but they aren't empty,
My body is relaxed, and I finally feel healthy,
For my being to be in one piece, collected and ready,
To face the world, whatever it may bring, without incessant worries.

And even though the excitement's gone, so is the fear,
Even if the infatuation is gone, this only makes my love clearer,
Even if my desire's gone, my spirit still lingers,
And even though you may not see it, my heart's able to grow now, bigger.

Strip away all the noise, and you feel unmoved,
Still, quiet, and unashamed to be you.